

WHAT KIND OF FOOD SHOULD I SERVE?

Suppers do not have to be hot meals, but there are nutritional requirements:

A supper must include:

- ◇ Milk;
- ◇ Two servings of fruits and vegetables;
- ◇ Grains; and
- ◇ Protein.

The Michigan Department of Education can provide information on developing menus and the exact measurements required, but a turkey sandwich, an apple, carrot sticks, and milk would meet the requirements.

Snacks must include two of the four components. Suppers and snacks provide an important opportunity for children to eat fresh fruits and vegetables.

PREPARED BY THE FOOD RESEARCH AND ACTION CENTER AND THE CENTER FOR CIVIL JUSTICE

FUNDING FOR AFTERSCHOOL NUTRITION

MICHIGAN'S NEW AFTERSCHOOL SUPPER PROGRAM



PREPARED BY THE FOOD RESEARCH AND ACTION CENTER AND THE CENTER FOR CIVIL JUSTICE

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WHAT IS THE AFTERSCHOOL SUPPER PROGRAM?

Michigan is one of only seven states with the new afterschool supper program. It provides federal funds to afterschool programs to serve supper to children age 18 and under during the school year. The supper can be served at any time during the afterschool program. A snack also can be served as long as there are three hours between the times the snack and the supper are served.

WHY SHOULD PROGRAMS PARTICIPATE?

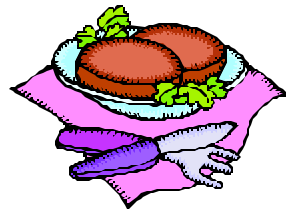
Participation enables afterschool programs to:

- ◇ Attract more children to their services;
- ◇ Improve the health and well-being of the children they serve;
- ◇ Ensure that the children are more alert and fully benefit from the educational and enrichment activities;
- ◇ Counter the childhood obesity epidemic with healthy food and nutrition education; and
- ◇ Strengthen their fiscal soundness and financial sustainability.

HOW DOES AN AFTERSCHOOL PROGRAM QUALIFY?

To participate, the program must:

- ◇ Be operated by a school, private non-profit organization, or local government agency. (For-profit afterschool programs can only participate if at least one-quarter of the children in the program are low-income.)
- ◇ Be located in a low-income area where 50 percent or more of the children are eligible for free or reduced-price school meals. (The Michigan Department of Education can tell you whether the schools serving your area qualify.)
- ◇ Offer educational and enrichment activities. Sports and recreation can be part of the afterschool program, but competitive sports teams, such as the high school varsity football team or a baseball league, are not eligible.
- ◇ Be exempt from state licensing rules or be licensed. Programs that are not required to be licensed must meet state and local health and safety standards.



HOW MUCH FUNDING DOES THE PROGRAM PROVIDE?

- ◇ The supper reimbursement is \$2.32* and the snack reimbursement is 63 cents. The rates are adjusted annually. (*In addition to the \$2.32, Michigan provides an extra 17½ cents either in cash in lieu of commodities or in commodities.)
- ◇ A program serving supper to 50 children 5 nights a week during the school year could receive **over \$21,000**. Serving a snack would provide an **additional \$5,400**.

HOW DO I APPLY FOR AFTERSCHOOL SUPPERS?

To apply, contact the Michigan Department of Education at 517-373-7391. For more information, contact the Center for Civil Justice at 800-724-7441 or 989-755-3120.

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